

Your RIGHTS versus YOUR WANTS

Is it a right or a want? Everyone has wants and everyone has rights. Do you know the difference?

Right

Want

If it's a RIGHT, fill in the article number (see the back of this page), if it's a want leave it blank

A bicycle			
Holiday trips			
Nutritious food			
Sharing your opinion			
A computer			
Clean air			
Your own bedroom			
A television			
Time to relax			
Access to the internet			

United Nations Convention on the **RIGHTS** of **CHILDREN** and **YOUTH**

YOU HAVE THE RIGHT TO:

1. All these rights if you are under 18.
2. All of these rights no matter your race, religion, or abilities.
3. Have adults do what is best for you.
4. Have the government help make your rights a reality.
5. Guidance from your parents and family.
6. Be alive.
7. A name and a nationality.
8. An identity and an official record of who you are.
9. Live with your parents, unless it is bad for you.
10. Live in the same country as your parents.
11. Be protected from kidnapping.
12. Say what you think should happen when adults are making decisions that affect you.
13. Get and share information as long as it is not damaging to you or others.
14. Think what you like and learn about different religions, with your parents' guidance.
15. Make friends and join groups.
16. A private life. For example, you can keep a diary that other people are not allowed to see.
17. Reliable information from the mass media.
18. Be raised by your parents if possible.
19. Be protected from violence, abuse and neglect from your parents or anyone else who looks after you.
20. Special care if you can't live with your parents.
21. Have the best care if you are adopted, fostered, or living in care.
22. The same rights as children born in Canada if you are an immigrant or a refugee.
23. Special care and support if you need it so you can lead a full and independent life.
24. The best health and medical care possible.
25. Have your living arrangements checked and evaluated if you live away from your biological parents, for example, if you live in foster care.
26. Help from the government if you are in need.
27. Food, clothing, a safe place to live, and to have your basic needs met.
28. An education.
29. An education that helps develop your talents.
30. Practice your own culture, language, and religion.
31. Rest, play, join in on activities you enjoy, and have time when your body is calm.
32. Be protected from work that is bad for your health or education.
33. Be protected from dangerous drugs.
34. Be protected from sexual abuse.
35. Freedom. No one is allowed to kidnap or sell you.
36. Be protected from anything that could harm your development.
37. Be protected from cruel and harmful punishment.
38. Be protected from fighting in wars if you are under 15 years old.
39. Help if you have been hurt, neglected, or badly treated.
40. Legal help and fair treatment in the justice system.
41. Enjoy the laws in Canada if they are better than these rights.
42. Know your rights! Adults should help you learn about them, too.

For more information on children's rights, visit www.everychild.ca