DRAW or WRITE in the circles different the ways you like to play and relax. Then ask your parent or guardian their favourite ways to rest and play when they were your age.

**My favourite way to have quiet time**

**My favourite toy**

**My favourite place to go**

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**My favourite way to have quiet time as a kid**

**Favourite toy as a kid**

**Favourite place to go as a kid**

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For more information on children’s rights, including the right to play, visit www.everychild.ca